



Complete and submit this questionnaire in the box provided and return to Life Balance

Name:..... Phone Number:.....

What factors influenced you to join **Life Balance**? Please ✓

Influencing Factors	Critical	Very Important	Important	Not Important	Not Relevant	Comments
Palmerston Location						
Range of equipment						
Range of programs						
Membership package offered						
Need to improve your general fitness levels						
Improve performance in a particular sport						
Other (Please specify)						

Would you recommend Life Balance to others? Yes No

We would appreciate your rating and comments on the following aspects of your **Life Balance** gymnasium experience. Please ✓

Facilities	Excellent	Very Good	Good	Fair	Poor	Comments
Range of equipment						
Ease of access.						
Child minding arrangements						

Your Program	Excellent	Very Good	Good	Fair	Poor	Comments
Appropriate for your needs						
Records of your performance improvement						
Opportunity to access other fitness programs						

Personnel	Excellent	Very Good	Good	Fair	Poor	Comments
Skills qualifications						
Interest in monitoring your progress						
Friendliness						

What were the things that **Life Balance** did well in planning your training program?

- 1.....
- 2.....
- 3.....

What were the things that **Life Balance** did not do so well in planning your training program?

- 1.....
- 2.....
- 3.....

What were the things that could be improved in operating **Life Balance's** Palmerston gym?

- 1.....
- 2.....
- 3.....

Other comments?

- 1.....
- 2.....
- 3.....

**Please return to Life Balance Gym In Rosebery or Post to PO Box 1910 Palmerston NT 0831
Thank you for supporting this survey.**